

Gratitude

My Year in Review

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

What made me smile

People for whom I am thankful

Something I did for myself

What experiences I am most grateful for

What I am going to stop taking for granted

A difficult lesson I was grateful to learn

Grateful for my Life

I am grateful for my health/body because:

I am grateful for my family because:

I am grateful for my friends because

Something that happened this year for which I am grateful was...

I am grateful for my job/career because:

I am grateful for my finances because:

I am grateful for my challenges because:

I am grateful for each day because